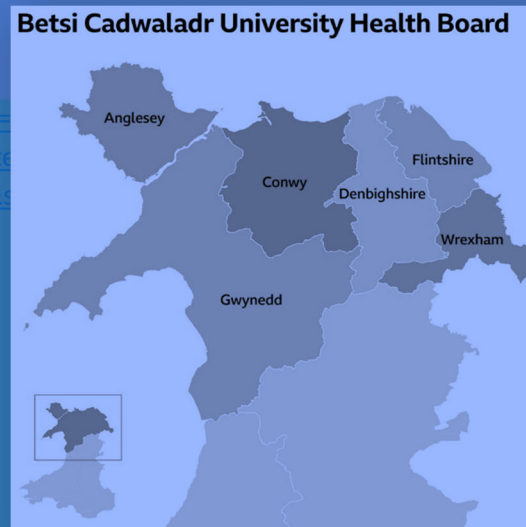


# Glan Clwyd Hospital

## Foundation Year One and Two Programmes



## Working at Betsi Cadwaladr University Local Health Board

Health Board is the largest health organisation in Wales, providing a full range of primary, community, mental health and acute hospital services for a population of around 676,000 people across the six counties of North Wales (Anglesey, Gwynedd, Conwy, Denbighshire, Flintshire and Wrexham) as well as some parts of mid Wales, Cheshire and Shropshire.

The Health Board employs around 16,500 staff and has a budget of around £1.2billion. It is responsible for the operation of three district general hospitals (Ysbyty Gwynedd in Bangor, Ysbyty Glan Clwyd near Rhyl, and Wrexham Maelor Hospital) as well as 22 other acute and community hospitals, and a network of over 90 health centres, clinics, community health team bases and mental health units. It also coordinates the work of 107 GP practices and NHS services provided by North Wales dentists, opticians and pharmacies.

### Glan Clwyd Hospital (Ysbyty Glan Clwyd)

Glan Clwyd Hospital is located in an area of recognised natural beauty with Snowdonia, stunning pristine beaches and enchanting castles all nearby. The local area offers a wide variety of lifestyle and family options, and for those keen to maintain ties further afield, the area has excellent transport links including fast direct trains to London. The cities of Chester, Manchester, and Liverpool are within In addition, the hospital and health board has excellent academic links with The University of Bangor, Glyndwr University, as well as close links with medical schools in Cardiff, Swansea, Liverpool and Manchester. There is a very active programme of Medical and Dental Education at both Undergraduate and Postgraduate levels. The hospital works closely with Health Education and Improvement Wales to provide high quality education and training, meeting the requirements of these regulatory bodies while maintaining the Health Board's high standards of patient care. There are excellent opportunities for the right candidate to support the further development of education and training

A multi-million pound development of all areas including wards, theatres and outpatient areas provides a new outlook and environment for doctors starting at the hospital. Recent additions have also included the Emergency Quadrant and North Wales Cardiac Centre.

The hospital offers a variety of specialist areas to further your career, being home also to the North Wales Cancer Centre. It recently introduced a clinical fellowship Programme for working in PHEMS, involving time spent in Critical Care here and also working with EMRTS on the Wales Air Ambulance at Caernarfon.

## Postgraduate centre

The Postgraduate Department operates from the Education Centre located at the front of Glan Clwyd Hospital and strives to provide a central point of reference and support for all junior doctors at the different stages of their career. All members of the department contribute different aspects and aim to provide a rounded educational and pastoral service postgraduate centre.

### Postgraduate centre contacts:

Dr Eve Blakemore – Foundation Programme Director - [Eve.Blakemore1@wales.nhs.uk](mailto:Eve.Blakemore1@wales.nhs.uk)

Mrs Deryn Evans, Medical Education Manager: [deryn.evans@wales.nhs.uk](mailto:deryn.evans@wales.nhs.uk)

Mr Steve Holman, Doctors Welfare Officer: [stephen.holman@wales.nhs.uk](mailto:stephen.holman@wales.nhs.uk)

Mrs Elaine Hughes, Foundation/Postgrad Co-ordinator: [elaine.hughes2@wales.nhs.uk](mailto:elaine.hughes2@wales.nhs.uk)

Mr Adam McKenna, Intrepid/Postgrad Co-Ordinator: [adam.mckenna@wales.nhs.uk](mailto:adam.mckenna@wales.nhs.uk)

### Endorsement from Dr Eve Blakemore (Training programme Director)

The foundation programme at Glan Clwyd Hospital offers a broad variety of teaching and experience to UK and overseas graduates looking to lay the foundations of medical practice within a safe, structured learning environment. Our rotations offer general and sub-specialty medicine and surgery in a district general hospital as well as opportunities in primary care, emergency medicine and specialty areas such as dermatology, psychiatry, paediatrics and more. We have well-received academic posts and a friendly and experienced postgraduate team offering superlative pastoral care and support. Our trainees and trainers are valued, developed and supported. We offer a structured, protected teaching program mapped and tailored to the Foundation Curriculum. We proactively deliver portfolio support and offer advice and guidance on safe and effective reflection, developing an interest in teaching/management and applying for your next job.

At YGC, we understand that clinical service must be balanced with effective training and we take our responsibility for developing excellent doctors very seriously indeed. Our team has an excellent understanding of training standards and expectations and the use of formal and informal feedback to improve the quality of service and training environments. Your voice will be heard here!

e-bost/email: [Elaine.hughes2@wales.nhs.uk](mailto:Elaine.hughes2@wales.nhs.uk)

Ffon/Tel: 01745 448788 ext 2788

## North Wales Clinical School

The North Wales Clinical School (NWCS) provides high quality educational facilities for Medical Students on placement in North Wales. The NWCS has grown both in stature and capacity over the last decade and welcomes approximately 250 medical students per year to Glan Clwyd Hospital.

## Fantastic Doctors' Mess

A well stocked and comfortable mess is located on the ground floor of Glan Clwyd Hospital. It is a popular facility as somewhere to go and relax and grab a snack or drink.



## Glan Clwyd Hospital Accommodation



- All our accommodation is on site and within a few minutes' walk from the main hospital itself
- Single/Family accommodation is provided, but please note that there is limited couples accommodation available
- Within our singles accommodation, we provide own furnished bedrooms within a flat that houses a maximum of three persons. Within the flat the three occupants would share facilities (kitchens/bathrooms). Please note we do not have en-suite facilities. Domestic service is provided weekdays but not weekend nor Bank Holiday periods. Couples accommodation is fully self-contained. Also within the residential complex is a laundrette with ample self-dosing washing machines and dryers
- Parking is available outside the accommodation buildings
- Contact Jenny Burns – Tel No 01745 583910 Ext 7342 or via email [Jenny.Burns@wales.nhs.uk](mailto:Jenny.Burns@wales.nhs.uk)

### *Testimonial – Dr Jamie Lau*

I have thoroughly enjoyed my time working at YGC. Friendly colleagues and a supportive working environment ensure that you will always have someone to turn to whenever you need help. There are always plenty of learning opportunities to expand your skillset which seniors are more than happy to supervise and teach. Teaching and research are something which you can get heavily involved in. My personal favourite is participating in the SEREN network, a project designed to help sixth form students apply to medical school.

Geographically, being in North Wales means Snowdonia is right at your doorstep whilst also being a short commute to Liverpool, Manchester, and Chester. Ensuring that there is always something to do in your spare time.

Overall working at YGC has provided me with an unforgettable experience and perfect skills for the foundation of my medical career.

### *Testimonial – Dr Abbey Rogers*

Working at YGC provides a unique opportunity to become part of a tightly knit DGH community. The rural area not only provides an opportunity to explore The Great Outdoors, but also exposes you to a diverse patient population.

North Wales has so much to offer. From stunning beaches to the peaks of Snowdonia, there is so much on offer. A typical social might be a barbecue and bonfire on the beach, or a trek up Tryfan. However, if city life is more for you, Chester is on your doorstep and Liverpool not far away. And yes you can have dominoes delivered to the hospital. The key thing that differentiates YGC from other hospitals has to be the postgraduate department. For many of us, the continuous guidance and support from the postgrad family evolves into true friendship. I have had a brilliant kick start to my career in this hospital and the lifestyle that has accompanied the job has given me an incredible year of happy memories.

# Discover North Wales

Glan Clwyd Hospital is situated in the centre of the North Wales countryside at the coast. Access by mainline train or road to Merseyside, Greater Manchester and the Midlands is straightforward, together with ferry to Dublin from the port of Holyhead.

The A55 North Wales expressway provides access between the main hospital sites and on to the national motorway network.

The historic city of Chester can be reached within 30 minutes and the cities of Manchester and Liverpool are one hour away. Both of these have international airports. Rhyl railway station is on the main London-Holyhead line with a direct journey to London of 3 hours.

## North Wales is the Adrenaline Capital of the UK

### Velocity



**Velocity is the fastest zip line in the world. Soar over Penryn Quarry, where you can travel at speeds of up to and over 100 mph while taking in unbeatable views of Snowdonia**



[Go North Wales - Official North Wales Tourist Information Site](http://www.gonorthwales.co.uk)

## Mountains and Lakes



[Outdoor Activity Centre and Adventure Park | Zip World](#)





## Beautiful Beaches



## Historical Castles



## Visit the Beautiful City of Chester

[Visit Chester](#) | [Places to Visit in Chester](#) | [Chester.com](#)



Chester has the most complete city walls, the oldest racecourse and the largest Roman Amphitheatre in Britain, plus a 1000 year old Cathedral with Europe's finest example of medieval carvings - and of course the one and only 700 year old Rows galleries where shopping is a double delight.

You'll find stores galore offering the hottest fashion in Chester all set against a background of unique treasures of antiquity and a vibrant cafe culture where outdoor dining and people watching go hand in hand.

### From Glan Clwyd

Manchester International Airport - 60 Miles

Liverpool Airport – 51 Miles

Chester – 32 Miles

Direct trains from Rhyl – London - 2hrs 45 mins





# Rotations – Master List

Three vacancies per Programme that will undertake the listed placements each in a different order

Programme	Foundation Year 1 Placement 1	Foundation Year 1 Placement 2	Foundation Year 1 Placement 3	Foundation Year 2 Placement 4	Foundation Year 2 Placement 5	Foundation Year 2 Placement 6
FP/025	Renal Medicine	General Surgery/Upper GI	Geriatric Medicine	General Surgery	Trauma & Orthopaedic Surgery	Emergency Medicine
FP/026	Emergency Medicine	Respiratory Medicine	Breast Surgery	Paediatrics	General Practice	Geriatric Medicine
FP/027	Endocrinology & Diabetes Mellitus	General Surgery	Vascular Surgery	Gastroenterology	General Practice	Geriatric Medicine (Stroke)
FP/028	Respiratory Medicine	General Surgery	Geriatric Medicine	General Practice	General Surgery (Otolaryngology)	General Psychiatry
FP/029	Cardiology	General Surgery	Paediatrics/ Neonatal Medicine	Respiratory Medicine	Emergency Medicine	Acute Internal Medicine
F2 - SFP- Other FP/030	Gastroenterology	General Surgery (Colorectal)	Paediatrics/ Neonatal Medicine	Intensive Care Medicine	Respiratory Medicine	General Practice
F2 – SFP - EDU FP/031	Acute Internal Medicine	General Surgery (Vascular Surgery)	Anaesthetics	Community Paediatrics	General Psychiatry	Obstetrics and Gynaecology
<b>F1 (LIFT)</b> FP24/122	Gastroenterology	Oral and maxillo-facial surgery	Emergency Medicine	Geriatric Medicine	General Surgery (Colorectal Surgery)	Trauma & Orthopaedic Surgery
<b>F1 (LIFT)</b> FP/129	Respiratory Medicine	General Surgery	Geriatric Medicine	Geriatric Medicine (Stroke)	Dermatology	Paediatrics

**F1 LIFT programme** - trainees will spend one day a week in General Practice for the whole of their Foundation year one year.

# **Placement Details**

## **Important Information**

**The placements and post descriptions provided are intended as a guide to inform applicants only.**

**This does not form part of an employment contract and the Health Board reserves the right to alter any placements in line with requirements.**

**Programmes can change at short notice.**

**Due to potential changes, rota bandings can be confirmed on request.**

**Please see the Wales Foundation School website for**

**Confirmation of any changes to our Programmes.**

**F1 & F2 placements**

Specialty	Geriatric Medicine
Programmes:	FP/25
<p>Description of placement</p> <p>The FY1 along with other members of the team will help to provide medical care to patients (and a variable number of outliers under the care the consultants on the team). They will also participate in the day on call rota (unselected medical intake) helping to clerk in patients referred in and participating in consultant ward rounds.</p> <p>*There is a wealth of clinical experience available that would help to develop following generic skills:</p> <ul style="list-style-type: none"> <li>• Take a history, do a clinical examination &amp; formulate a management plan</li> <li>• Review and act on results of investigations (including making appropriate referrals)</li> <li>• Communicating with patients (and significant others), other members of the multi-disciplinary team &amp; colleagues from other disciplines</li> <li>• Safe prescribing</li> </ul> <p>*Specialty specific experience in Geriatric medicine:</p> <ul style="list-style-type: none"> <li># Assessment of older patients admitted with falls, confusion, stroke</li> <li># Comprehensive geriatric assessment (&amp; role of multi-disciplinary assessment)</li> <li># Discharge planning</li> <li># Tilt table testing in assessment of falls &amp; syncope</li> </ul> <p>*Educational opportunities</p> <p>~Access to a robust educational programme</p> <p>~ Opportunities to participate in audits</p>	
Educational Meetings:	<p>Weekly F1 teaching – Thursdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p>

	Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00 Weekly COTE teaching Mondays at 12:00
Educational & Clinical Supervisors:	Dr Adhiyaman/Dr Chatterjee

Specialty	General Surgery/Upper GI
Programmes:	FP/25
<p>Description of placement The type of work to expect and learning opportunities</p> <p>Looking after surgical inpatients, under the supervision of SHOs, registrars and consultants. Assessing patients presenting as emergencies, and contributing to their resuscitation. The range of clinical presentations, and the underlying pathology, is immense, so learning opportunities are abundant. There are also opportunities to learn clinical skills, operative skills, and non-clinical skills such as teaching, audit and research. Main duties of the placement.</p> <p>Ward rounds in a clinical team; clinical ward-based work, including procedures; discharge summaries and communication with GPs; communication with other professional groups; teaching medical students; audit projects.</p>	
Educational Meetings:	Weekly F1 teaching, Thursday, 1:00– 2:00 Weekly Clinical Conference, Wednesdays, 1:00 – 2:00 Weekly Surgical teaching – Friday, 8:00 – 9:00
Educational & Clinical Supervisors:	Mr R Morgan

Specialty	Renal Medicine
Programmes:	FP/25
<p>Description of Placement</p> <p>The renal department consists of 3 consultants, working a separate renal and general medicine on-call. All consultants cover the Haemodialysis unit, and look after peritoneal dialysis and renal transplant patients.</p> <p>The renal team consists of 3 Consultants, Specialty Dr, 1 x SpRs, 1 x IMT, FY1, Physician Associate and are supported by specialist nurses in chronic kidney disease, Renal anaemia, transplantation, peritoneal dialysis, as well as dedicated consultant psychologist, renal pharmacist, renal dietician and Renal social worker.</p> <p>Ward work is based on ward 9, which is shared with the endocrine team, and on average we have 16 inpatients at a time.</p> <p>There will be a varied inpatient workload consisting of general medical problems admitted via A+E/Acute medical unit, patients admitted with renal diseases or acute kidney injury, dialysis patients directly admitted from the unit, or unwell transplant recipients. Patients are also admitted for renal biopsies, or for radiological procedures.</p>	
Educational Meetings:	<p>Weekly F1 teaching – Thursdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p>
Educational & Clinical Supervisors:	Dr S Shrikanth

Speciality	Emergency Medicine
Programmes:	FP/26
<p>Description of placement</p> <p>The department is staffed with a mixture of Consultants, SAS Doctors (24/7 middle grade rota in operation) and juniors. In addition, there is a strong nursing team including ENPs, extended scope physiotherapists and an evolving team of Advanced Nurse Practitioners. Our department is part of a new build Emergency Quadrant, completed just over 5 years ago, future proofed to deal with an annual attendance of</p>	



70,000. The Emergency Quadrant includes an acute medical unit, surgical assessment unit, and a co-located GP OOH unit. We last year enhanced our model of care through the development of a Same Day Emergency Care (SDEC) unit for ambulatory cases, which is now supported by a full-time acute physician. This joint medical and surgical unit was the first of its kind in Wales, and helped attract national attention for the innovative way in which we had joined these teams, and developed new pathways from ED. We are planning to augment our service with the addition of a frailty unit and a GP admissions area

Educational Meetings:	Weekly F1 teaching, Thursday, 1:00– 2:00 Weekly Clinical Conference, Wednesdays, 1:00 – 2:00 Weekly E M teaching
Educational & Clinical Supervisors:	Dr Tom O’Driscoll & Dr Paul Spambo

Specialty	Breast Surgery
Programmes:	FP/26
<p>Description of placement</p> <p>The doctor will provide care for Breast and Oncoplastic patients, they will be part of the general surgical on call rota where they will look after acutely and chronically ill general surgical patients.</p> <p>They will have the opportunity to attend outpatient clinics, Theatre sessions and ward rounds.</p> <p>In addition to that they will have an opportunity to learn basic surgical skills and to get involved in audit and research.</p>	
Educational Meetings:	Weekly F1 teaching, Thursday, 1:00– 2:00 Weekly Clinical Conference, Wednesdays, 1:00 – 2:00 Weekly Surgical teaching – Friday, 8:00 – 9:00
Educational & Clinical Supervisors:	Mr. Walid Abou Samra ( educational supervisor) Prof. Mandana Pennick ( Clinical Supervisor)

Specialty	Endocrinology and Diabetes Mellitus
Programmes:	FP/27
<p>Description of Placement</p> <p>Ward work and general management of medical patients.</p> <p>Routine care of patients on diabetes and endocrinology ward.</p> <p>Management of patients on OHAs/ insulins and GLP-1.</p> <p>Management of Hypoglycemia, Hyperglycemia, DKA, Diabetic foot ulcers, liaise with DSNs, vascular and Orthopaedic teams.</p> <p>Management of general medical patients.</p> <p>Accompany the on call consultants for the post take ward rounds, do the jobs generated from the post take ward rounds ((which includes booking scans, sending referrals to other specialties, adding on blood tests, cannulas, bloods and blood cultures), clerk new admission patients and managing them accordingly</p> <p>If on ward cover, then ensuring that all the handover jobs are done (chasing bloods, prescribing fluids/warfarin, cannulas, taking bloods) and reviewing unwell patients</p> <p>Taking part in FY1 on call rota.</p> <p>Medical students teaching.</p>	
Educational Meetings:	<p>Weekly F1 teaching – Thursdays – 1 – 2pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p> <p>Ward Teaching</p>
Educational & Clinical Supervisors:	Dr Aye Nyunt

Specialty	General Surgery
Programmes:	FP/27
Description of Placement The type of work to expect and learning opportunities  Looking after surgical inpatients, under the supervision of SHOs, registrars and consultants. Assessing patients presenting as emergencies, and contributing to their resuscitation. The range of clinical presentations, and the underlying pathology, is immense, so learning opportunities are abundant. There are also opportunities to learn clinical skills, operative skills, and non-clinical skills such as teaching, audit and research. Main duties of the placement  Ward rounds in a clinical team; clinical ward-based work, including procedures; discharge summaries and communication with GPs; communication with other professional groups; teaching medical students; audit projects.	
Educational Meetings:	Weekly F1 teaching, Thursday, 1:00– 2:00 Weekly Clinical Conference, Wednesdays, 1:00 – 2:00 Weekly Surgical teaching – Friday, 8:00 – 9:00
Educational & Clinical Supervisors:	Mr M Haider

Specialty	Geriatric Medicine
Programmes:	FP/28
Description of Placement The FY1 along with other members of the team will help to provide medical care to patients (and a variable number of outliers under the care the consultants on the team). They will also participate in the day on call rota (unselected medical intake) helping to clerk in patients referred in and participating in consultant ward rounds.	

\*There is a wealth of clinical experience available that would help to develop following generic skills:

- Take a history, do a clinical examination & formulate a management plan
- Review and act on results of investigations (including making appropriate referrals)
- Communicating with patients (and significant others), other members of the multi-disciplinary team & colleagues from other disciplines
- Safe prescribing

\*Specialty specific experience in Geriatric medicine:

# Assessment of older patients admitted with falls, confusion, stroke

# Comprehensive geriatric assessment (& role of multi-disciplinary assessment)

# Discharge planning

# Tilt table testing in assessment of falls & syncope

\*Educational opportunities

~Access to a robust educational programme

~ Opportunities to participate in audits

Educational Meetings:	Weekly F1 teaching – Thursdays – 1– 2pm Weekly clinical conference – Wednesday 1 – 2pm Weekly Physicians’ Round – Fridays 11:30-12:30 Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00 Weekly COTE teaching Mondays at 12:00
Educational & Clinical Supervisors:	Dr Owen/Dr Chakrabarti

Specialty	General Surgery
Programmes:	FP/28 & LFP129
Description of Placement  Consultant and Registrar ward rounds every morning Cannulation, bloods, organizing investigations, updating list. Taking history and examining patients, Prescribing fluids and medication safely. Writing on medical records accurately with plans of management. Communicating with patients, family of patient and colleagues. Learning how to prioritize and being organized. Educate patients effectively and teach medical students. Pre-op clerking Manage post-op complications with senior help and support Up to date record keeping. Team work with nurses, dieticians and others Request investigations Manage ward patients day to day Communication and delegation Theatre and out-patient clinics attendance Undertake audit projects supervised by the consultant	
Educational Meetings:	Weekly F1 teaching, Thursday, 1:00– 2:00 Weekly Clinical Conference, Wednesdays, 1:00 – 2:00 Weekly Surgical teaching – Friday, 8:00 – 9:00
Educational & Clinical Supervisor:	Mr M Al-Rawi



Specialty	Respiratory Medicine
Programmes:	FP/28, FP/26 & LFP/129
Description of Placement  <u>Respiratory (Ward 6)</u> <ul style="list-style-type: none"> <li>- MDT board round at 8:45 each morning</li> <li>- Two speciality registrars, one CMT/LAT SHO, two FY2s, One academic F2 &amp; two FY1 doctors.</li> <li>- The consultants cover the ward on a rotating pattern for 1 month each.</li> <li>- The team is supported by a ward NIV nurse, smoking cessation practitioner, and a PA</li> <li>- The medical rota co-ordinator will not have your name down on their rota as technically you are supernumerary. You will not have any on-call commitments but can choose to work locum shifts.</li> <li>- Resp teaching/meeting Monday lunchtimes (go even if you're not on the ward that day)</li> </ul>	
Educational Meetings:	Weekly F1 teaching – Thursdays – 1 – 2pm  Weekly Clinical Conference – Wednesday 1 – 2pm  Weekly Physicians' Round – Fridays 11:30-12:30  Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00  Weekly Respiratory teaching – Mondays – 12.30 – 1.30
Educational & Clinical Supervisors:	Dr Robyn Poyner

Specialty	Cardiology
Programmes:	FP/29
<p>Description of Placement</p> <p>The doctor will provide daily care to patients admitted to ward 4 (cardiology and General Internal Medicine). There is good exposure to a variety of cardiology and general medical cases. This is supervised by a well experienced consultant and nursing staff and supported by medical trainees and specialist registrars.</p> <p>The placement also involves on calls between 09:00 to 21:00 in Acute Medical Unit with good exposure to acute medical patients.</p>	
Educational Meetings:	<ul style="list-style-type: none"> <li>• Weekly F1 teaching, Thursday, 1:00 – 2:00</li> <li>• Weekly Clinical Conference, Wednesdays 1:00 – 2:00</li> <li>• Weekly Departmental educational meeting, Wednesday 15:30 – 17:30</li> </ul>
Educational & Clinical Supervisors:	Dr Wisam Khider (Educational lead) consultant cardiologist YGC

Specialty	General Surgery
Programmes:	FP/29
<p>Description of Placement</p> <p>The type of work to expect and learning opportunities</p> <p>Looking after surgical inpatients, under the supervision of SHOs, registrars and consultants. Assessing patients presenting as emergencies, and contributing to their resuscitation. The range of clinical presentations, and the underlying pathology, is immense, so learning opportunities are abundant. There are also opportunities to learn clinical skills, operative skills, and non-clinical skills such as teaching, audit and research. Main duties of the placement</p>	

Ward rounds in a clinical team; clinical ward-based work, including procedures; discharge summaries and communication with GPs; communication with other professional groups; teaching medical students; audit projects.

Occasionally assisting in theatres and attending clinics for gaining experience.

Weekdays and weekend on calls as per rota

Educational Meetings:	Weekly F1 teaching, Thursday, 1:00– 2:00 Weekly Clinical Conference, Wednesdays 1:00 – 2:00 Weekly Surgical teaching – Fridays, 8:00 – 9:00
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Educational & Clinical Supervisors:	Mr. C Chatzidimitriou
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Specialty	Paediatrics/Neonatal Medicine
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Programmes:	FP/29
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Description of Placement

FY1s are supernumerary in Gen Paediatrics- however, an important part of the team. They will join a 1:5 rota (only Sat & Sunday) with no night on calls.

They will also be on a long day shift (alongside the on call SHO) once every week.

Educational Meetings:	Weekly F1 teaching, Thursday, 1:00 – 2:00 Weekly Clinical Conference, Wednesdays 1 :00– 2:00 Daily teaching after handover/ during ward rounds
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Educational & Clinical Supervisors:	Dr Aradhana Ingley
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Specialty	Gastroenterology
Programmes:	FP/30 & LFP122
<p>Description of placement</p> <p>This is a ward-based post with on call commitments. There are excellent educational facilities and opportunities with regular general medical regular meetings (three a week). The post delivers on general medical foundation learning opportunities including exposure to a wide variety of medical conditions on call, enabling taking a history and examination, developing a plan of investigation and management, excellent exposure to perform practical procedures. Up to date is available. Specialty education offers a weekly gastroenterology education meeting which the post holder will contribute to, demonstrating knowledge acquisition and presentation skills, as well as understanding the importance of clinical governance with regular governance and case based audits of team members. This is a busy post and the trainee develops skills in time management, good team working and communication, on a background of learning hepatobiliary and luminal gastrointestinal disorders, and develop competency at performing abdominal paracentesis. .</p> <p>Ward based duties predominantly, working closely with ward staff. Provide cross cover and ensure all leave is arranged in a timely fashion with due notice and appropriate cover. On call commitment to be part of the unselected medical take. Ensure electronic discharge summaries completed. Attend and contribute to educational meetings</p>	
Educational Meetings:	<p>Weekly F1 teaching – Thursdays – 1:00 – 2:00</p> <p>Weekly Clinical Conference – Wednesday 1:00 2:00</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p>

Specialty	Paediatrics/Neonatal Medicine
Programmes:	FP/30
<p>Description of Placement</p> <p>Assessment and management of acutely unwell children presenting to children's ward / CAU. Including initiation of management. Attendance at clinic sessions, including sub-specialties. Regular attendance at departmental and hospital /foundation teaching sessions. Time spent on neonatal unit, including baby checks.</p> <p>During the placement, the foundation doctor would be expected to: Develop skills in recognising and treating a sick child. This will be demonstrated by increasing independence in initiation of appropriate early management, and can be further shown through completion of SLEs - specifically Mini-CEX and CBD.</p> <p>Build on already established practical skills, learning to apply these skills to children and young people. Specific practical skills will include: Airway care including simple adjuncts, Blood culture (peripheral), IV Cannulation, IV infusion including prescription of fluids, Perform and interpret an ECG, Perform and interpret peak flow, Urethral catheterisation (male), Venepuncture. This will be demonstrated through the use of DOPS. Develop an understanding of common infective conditions such as bronchitis, URTI, LRTI, gastroenteritis and sepsis. Demonstrate through reflective accounts progress made in treating these conditions and application to future patients.</p> <p>Attendance on ward rounds, admission / assessment of acute referrals, review of ward attendance patients, attendance as observer in clinics, taking blood in morning phlebotomy sessions, review and follow-up of results, effective delivery of handover.</p>	
Educational Meetings:	<p>Weekly F1 teaching, Thursday, 1:00 – 2:00</p> <p>Weekly Clinical Conference, Wednesdays 1:00 – 2:00</p> <p>Daily teaching after handover/ during ward rounds</p>
Educational & Clinical Supervisors:	Dr Matthew Sandman



Specialty	General Surgery/ Colorectal Surgery
Programmes:	FP/30
<p>Description of Placement</p> <p>Colorectal and general surgery</p> <p>This post gives exposure to all types of elective and emergency general surgery and ample opportunity for exposure in theatres for those who desire it. Colorectal and general surgery are with Mr Maw and emergency general surgery with others consultants in the department. All common surgical emergencies are frequently admitted to the department. There is some cross cover for vascular surgery emergencies when on call.</p> <p>Main duties of the placement</p> <p>Daily ward care for Mr Maw's patients and other consultants patients. Discharge summaries. Preparing patients for theatre.</p> <p>Clerking in and sorting out emergency surgical patients</p> <p>Typical working week</p> <p>Mon: Ward rounds and Theatre all day alternate weeks</p> <p>Tues: Ward rounds and Theatre all day weekly</p> <p>Wed: Ward round / admin duties</p> <p>Thurs: Clinic am / pm Bowel screening colonoscopy list</p> <p>Fri: Teaching am / ward rounds/ Colonoscopy list am admin duties pm</p> <p><b><u>Ward round cover, cover for other consultants patient and on call as per weekly duties rota</u></b></p>	
Educational Meetings:	<p>Weekly F1 teaching, Thursday, 1:00– 2:00</p> <p>Weekly Clinical Conference, Wednesdays, 1:00 – 2:00</p> <p>Weekly Surgical teaching – Friday, 8:00 – 9:00</p>

Educational & Clinical Supervisors:	Mr Andrew Maw
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<b>Specialty</b>	<b>Anaesthetics</b>
<b>Programmes:</b>	FP/31
<b>Description of placement</b> <ol style="list-style-type: none"> <li>1. In theatres: opportunities to practice airway skills like Bag-Mask ventilation, airway maneuvers, insertion of airway adjuncts, LMA's, ETT's, NG tubes, peripheral iv access (cannulas, mid lines, PICC lines), arterial lines and central lines. Opportunity to use the standard laryngoscope or the video laryngoscope. Opportunity to observe advance airway techniques like awake or asleep fiber-optic intubation and the use of ultrasound for different techniques. Opportunity to familiarize with the perioperative management of a patient coming for elective or emergency surgical procedures (pre-operative assessment and optimization, intra operative management, postoperative management of pain, nausea and vomiting and other immediate complications.</li> <li>2. In ITU: daily handover, daily review of ITU patients including new admissions with senior and MDT support. Opportunity to perform skills like NG tube insertion, USS guided CVC, vacate and PICC line insertion, arterial line insertion, airway skills in sick patients. Observation of tracheostomy, bronchoscopy and assisting with the transfer of ITU patients for imaging.</li> <li>3. Team work, quality improvement, teaching, prescribing medication, attending medical emergencies</li> </ol>	
<b>Educational Meetings:</b>	<p>Weekly F1 teaching – Thursdays – 1:00 – 2:00</p> <p>Weekly Clinical Conference – Wednesday 1:00 – 2:00pm</p>
<b>Educational &amp; Clinical Supervisors:</b>	Dr Claudia Variu

Specialty	Vascular Surgery
Programmes:	FP/27 & FP/31
<p>Description of placement</p> <p>The doctor will provide care for vascular inpatients in YGC and the vascular ward. YGC is the vascular hub for NW and the doctor will be exposed to a great variety of acute medical and vascular surgical pathologies.</p> <p>There is a daily consultant ward round along with a team of vascular middle grades and juniors including registrar/ fellow and SHOs. The doctor will do on calls for the general surgery team as per general surgery rota.</p>	
Educational Meetings:	<p>Weekly F1 teaching, Thursday, 1:00– 2:00</p> <p>Weekly Clinical Conference, Wednesdays 1:00 – 2:00</p> <p>Weekly Surgical teaching – Fridays, 8:00 – 9:00</p> <p>Weekly Vascular teaching</p>
Educational & Clinical Supervisors:	<p>Mr Hassan Jararah &amp; Mr Mohamed Elshikhawoda</p> <p>CS on call vascular consultants</p>

Specialty	Acute Medical Unit
Programmes:	FP/31
<p>Description of placement</p> <p>The Dept of Acute Medicine comprises 4 Consultant Physicians of whom 2 do acute medicine and diabetes/ Endo and one does acute medicine and renal medicine. There is an associated specialist who covers review patients three days a week. There is ambulatory care area, DVT service and ADTT service attached to the unit.</p> <p>The department serves Central North Wales with a catchments population of 250,000.</p> <p>There are F1 and F2 attached to the unit. They will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit till they transferred to the other medical wards.</p>	

The overall educational objectives of the F1 /F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to

- Take a history and examine a patient
- Identify and synthesize problems
- Prescribe safely
- Keep an accurate and relevant medical record
- Manage time and clinical priorities effectively
- Communicate effectively with patients, relatives and colleagues
- Use evidence, guidelines and audit to benefit patient care
- Act in a professional manner at all times
- Cope with ethical and legal issues which occur during the management of patients with general medical problems
- Educate patients effectively

Become life-long learners and teachers

Educational Meetings:	<p>Weekly F1 teaching – Thursdays – 1 :00– 2:00</p> <p>Weekly Clinical Conference – Wednesday 1:00 – 2:00</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p>
Educational & Clinical Supervisors:	Dr G Sreemantula

Specialty	Otolaryngology/Oral and maxillo-facial surgery
Programmes:	LFP/122
<p>Description of placement</p> <p>This will account for 1 day per week (GP surgery will contact you to tell you which day you will be working there - if you have not heard from them get in touch with them).</p> <p>This usually starts a few weeks after starting FY1. If you complete your LIFT day at Clarence Medical Centre, you will get the opportunity to see patients from the</p>	

emergency list and discuss them with the duty GP of the day. You will be taught how to use the systems and get a lot of advice from the GPs and GP registrars there.

#### ENT/Maxillo-Facial Surgery

This rotation usually starts with ENT for 2 months followed by 2 months of maxillofacial surgery. Contact Tracy the surgical co-ordinator for the change-over dates.

#### ENT:

- Mainly helping the SHO on-call.
- Junior team typically includes yourself (FY1), an FY2, 1-2 SHOs.
- Be on WARD 5 for handover at 8am and registrar ward round.
- Ward round will typically involve ward patients as well as going to see any ENT patients in the paediatric ward/emergency department.
- Typical jobs from ward round – bloods, cannulas, referrals
- There is also an ENT SHO clinic – some telephone calls and some face-to-face appointments for review/micro suctioning etc. – a good way to get CBDs/CEXs done.
- Every Friday there is a paediatric POAC (pre-operative assessment clinic) – this is usually the FY2s responsibility, but you may be required to assist/cover.
- Speak to the registrars/consultants if you want any time in theatre.
- WORKING HOURS: Monday – Friday 8am-4pm (excluding GP LIFT Day)

#### Maxillo-Facial Surgery:

- Working with the DCTs (dental core trainees – typically only dentally trained), staff grades (typically only dentally trained), registrars/consultants (dual dental and medically trained)
- The max-fax team will provide you with a rota (let them know when you LIFT days is)
- I would advise changing into green theatre scrubs in the morning – these are in the theatre changing rooms on the ground floor.
- You will spend time helping the DCT on-call, assisting in theatre, assisting in MOPS (minor operations) or in clinic.
- Helping DCT on call:
  - o Be at max-fax outpatients for 8am for handover.
  - o Typical day - AM ward round + jobs (bloods, cannulas, discharge letters),



helping with bleeps/reviewing patients, helping in any emergency theatre.

- Assisting in theatre:

- o Be at DOSA before 8am and ensure the patients have stickered consent forms, open any recent OPG (orthopantomogram – dental XR), drug chart written with TEDs prescribed.

- Assisting in MOPS

- o Typically, with staff grade, usually starts at 9am

- o They will teach you how to suture properly – good for getting a DOPS.

- Clinic

- o Usually starts at 9am

- o Led by consultant – they will give you patients to see and discuss.

Educational Meetings:	<p>Weekly F1 teaching – Thursdays – 1 :00– 2:00</p> <p>Weekly Clinical Conference – Wednesday 1:00 – 2:00</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p>
Educational & Clinical Supervisors:	Mr Richard Anthony & Miss Emma Woolley

Specialty	General Internal Medicine/Geriatric Medicine
Programmes:	LFP/129 & FP/028
Description of placement	
Ward 2	

It is a 24-bedded Care of the Elderly ward where the trainee would receive a wide ranging experience in managing elderly patients with acute and chronic medical problems, discussing diagnoses, management and prognosis with families, developing experience in pharmaco-therapeutics, prescribing and de-prescribing, participating in complex discharge planning and engaging in end of life discussions and other ethical scenarios.

The trainee would develop experience in working with the multidisciplinary team (MDT).

They would also do on-call for acute medicine.

There are two consultants and the team is supported by a registrar, internal medicine trainee, GPVTS trainee and a FY1 trainee.

Both consultants do regular wards rounds and there is a consultant presence every working day morning. The trainee would participate in consultant-led and independent ward rounds.

They would also get opportunities to teach fourth and fifth year medical students. Participation in quality improvement, audit and other projects will be highly encouraged.

Excellent teaching opportunities are provided in COTE and there will be opportunities for presenting at the different educational forums.

Educational Meetings:	<p>Weekly F1 teaching – Wednesdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p> <p>Weekly COTE teaching Mondays at 12:00</p>
Educational & Clinical Supervisors:	<p>Dr S Chakrabarti (ES)                      Dr G Owen (clinical supervisor)</p>

## Foundation year 2 Rotations

Specialty	Paediatrics
Programmes:	<b>FP/26 &amp; LFP/129</b>
<p><b>Description of placement</b></p> <p>FY2 doctors participate in the Tier 1, 1:10 Full shift, and General Paediatric rota.</p> <p>Assessment and management of acutely unwell children presenting to children's ward / CAU. Including initiation of management. Attendance at clinic sessions, including sub-specialties. Regular attendance at departmental and hospital /foundation teaching sessions. Time spent on neonatal unit, including baby checks.</p> <p>During the placement, the foundation doctor would be expected to:</p> <ul style="list-style-type: none"> <li>i) Develop skills in recognising and treating a sick child. This will be demonstrated by increasing independence in initiation of appropriate early management, and can be further shown through completion of SLEs - specifically Mini-CEX and CBD.</li> <li>ii) Build on already established practical skills, learning to apply these skills to children and young people. Specific practical skills will include: Airway care including simple adjuncts, Blood culture (peripheral), IV Cannulation, IV infusion including prescription of fluids, Perform and interpret an ECG, Perform and interpret peak flow, Urethral catheterisation (male), Venepuncture. This will be demonstrated through the use of DOPS.</li> <li>iii) Develop an understanding of common infective conditions such as bronchilitis, URTI, LRTI, gastroenteritis and sepsis. Demonstrate through reflective accounts progress made in treating these conditions and application to future patients.</li> </ul> <p>Main duties of placement</p> <p>Attendance on ward rounds, admission / assessment of acute referrals, review of ward attendance patients, attendance as observer in clinics, taking blood in morning phlebotomy sessions, review and follow-up of results, effective delivery of handover.</p>	
Educational Meetings:	<p>Weekly F2 teaching, Wednesday 2 – 3pm</p> <p>Weekly Clinical Conference, Wednesdays 1 – 2pm</p> <p>Daily teaching after handover/ during ward rounds</p>

Educational & Clinical Supervisors:	Dr Ingley & Dr M Sandman (Educational and Clinical ) Consultants of the week –clinical supervisors
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Specialty	General Internal Medicine/Geriatric Medicine
Programmes:	FP/26
<p><b>Description of placement</b></p> <p>The Trainee will work on ward 14 which is the Stroke ward. They will do their own daily ward rounds as well as attending a consultant ward round at least twice a week. They will be expected to perform all the required ward work for their patients and will at times be required to talk to families. They can also participate in the Stroke Thrombolysis calls that come up 9-5 and at times will see and clerk direct Stroke admissions to ward 14.</p> <p>They will be expected to attend all the below teaching as well as participate in presenting at the Medical Grand Rounds as well as the Monday COTE teaching. Weekly MDTs are also held on ward 14 which they can attend and there is a monthly Stroke Governance meeting that they are encouraged to attend.</p> <p>They will work on the medical on call rota including weekends and nights. This will involve the medical take, dealing with all acute medical admissions and attending post take ward rounds and handovers. They will also provide medical cover for the wards out of hours. While on call they will also attend cardiac arrest calls. While on call they will always have Registrar support.</p> <p>They will be supporting two consultants on ward 14 who both do Medical on calls as well as their Stroke work. This means at times there will be outlying general medical and COTE patients that they will need to look after on other wards (with direct consultant support). Both consultants also have community beds and if desired by the trainee they can spend some time with the consultants when they attend their community hospitals.</p>	
Educational Meetings:	<p>Weekly F2 teaching – Wednesdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p> <p>Weekly COTE teaching Mondays at 12:00</p>

Educational & Clinical Supervisors:	Dr Gordon Black
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Specialty	General Practice
Programmes:	FP/26

**Description of placement:**

Clarence Medical Centre, Rhyl - [www.clarencemedicalrhyl.co.uk](http://www.clarencemedicalrhyl.co.uk)

We are a large training practice in a seaside town in North Wales serving around 17,000 patients from a wide demographic. The practice has a long history dating back to 1850. We are based on two sites – one main site in the town centre close to West Rhyl which has most deprivation and a second branch practice (Ty Elan) in the quieter Eastern area serving more elderly people with complex medical conditions. We serve some 15 nursing and residential homes as well as many older people living alone with little support. We also offer an online consultation (PATCHS) <https://patchs.ai/practice/clarencemedicalrhyl/>.

Research projects are always taking place at Clarence Medical Centre. This is thanks to the research team who plan the projects, GP's, Nurses, HCA's and most of all the patients who take part in the trials. We encourage and support anyone who is wanting be part of our research projects. Finding new and effective treatments for many different medical conditions.

There are often educational meetings during lunchtime throughout the week as well as a monthly training afternoon. The educational sessions and training are logged on the Timetree app [Login - TimeTree \(timetreeapp.com\)](https://timetreeapp.com), this allows everyone to see if there is anything booked and they can attend if they wish.

**The induction process** – On arrival they will be greeted by their supervisor, given a tour of the Practice, introduced to staff members, shown fire exits, where to find the emergency oxygen, defibrillator. In addition they are sent a digital induction pack which contains a vast amount of information within it (staff direct contact information, referrals, read codes, parking, information on local organisations and more).

A rota is made and sent to the trainee 2 week upon arrival with opportunities to sit in with varied members of the clinical team, covering areas such as Asthma / COPD, Diabetes, Nursing care, childhood Immunisations, Minor operations, a mixture of GP's, ANP's and Residential Home ward rounds. If there is an area they wish to cover that has not been added, we will introduce this where possible. Once own clinical sessions are taking place, templates are adjusted to ease them into Practice. A GP is allocated to the trainee each day so that they receive full support for the duration of their placement. We are a large research Practice in North Wales so we included this within the placement – they are fully supported by a GP, ANP and the rest of the research team.

If any group training session have been organised for the Practice, they will be offered to attend.

Weekly tutorials are provided with a GP, group tutorials have also been introduced (separate tutorials are given if preferred).

**Main duties:**

Clinical sessions to see patients in General Practice – with an allocated GP to provide supervision and support for each session. Home visits as required.

Educational Meetings:	Weekly F2 teaching, Wednesdays, 2 -3pm Weekly Clinical Conference – Wednesday 1 – 2pm One to one teaching
Educational & Clinical Supervisors:	Dr Eve Blakemore, Dr Simon Dobson, Dr Martika Mann, Dr Selena Harris & Dr Ben Lane

Speciality	Emergency Medicine
Programmes:	FP/25 & FP/029
<b>Description of placement</b> The department is staffed with a mixture of Consultants, SAS Doctors (24/7 middle grade rota in operation) and juniors. In addition, there is a strong nursing team including ENPs, extended scope physiotherapists and an evolving team of Advanced Nurse Practitioners. Our department is part of a new build Emergency Quadrant, completed just over 5 years ago, future proofed to deal with an annual attendance of 70,000. The Emergency Quadrant includes an acute medical unit, surgical assessment unit, and a co-located GP OOH unit. We last year enhanced our model of care through the development of a Same Day Emergency Care (SDEC) unit for ambulatory cases, which is now supported by a full-time acute physician. This joint medical and surgical unit was the first of its kind in Wales, and helped attract national attention for the innovative way in which we had joined these teams, and developed new pathways from ED. We are planning to augment our service with the addition of a frailty unit and a GP admissions area	
Educational Meetings:	Weekly F2 teaching – Wednesdays – 2 – 3pm Weekly clinical conference – Wednesday 1 – 2pm Weekly Emergency Medicine teaching

Educational & Clinical Supervisors:	Dr Jennifer Dinsdale & Dr Tom O'Driscoll
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Specialty	General Surgery
Programmes:	FP/25
<p><b>Description of placement</b></p> <p>The type of work to expect and learning opportunities</p> <p>Looking after surgical inpatients, under the supervision of registrars and consultants. Assessing patients presenting as emergencies, and contributing to their assessment and resuscitation. The range of clinical presentations, and the underlying pathology, is immense, so learning opportunities are abundant. There are also opportunities to learn clinical skills, operative skills, and non-clinical skills such as teaching, audit and research. Furthermore, there are regular teaching sessions and other educational activities.</p> <p>Main duties of the placement</p> <p>Ward rounds in a clinical team; supervision of FY1 doctors; clinical ward-based work, including procedures; discharge summaries and communication with GPs; communication with other professional groups; teaching medical students and FY1 doctors; audit projects.</p> <p>Typical working pattern in this placement: 8am to 4pm, with on call days from 8am to 9pm, and on call nights from 8.30pm – 8.30am (including weekends). Rota days off after on calls.</p>	
Educational Meetings:	<p>Weekly F2 teaching – Wednesdays– 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Surgical Teaching, Fridays 8 – 9am</p>

Educational & Clinical Supervisors:	Mr Richard Morgan
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Specialty	Orthopaedics
Programmes:	<b>FP/25 &amp; LFP/122</b>
<b>Description of placement</b> Glan Clwyd and Abergel Hospital. 12 x Orthopaedic Consultants. Trauma on call, emergency cover & exposure to elective orthopaedics  F2 Doctor will be involved in looking after ward patients, dealing with Orthopaedic referrals from ED. Being on the on call rota for Orthopaedics with supervision from the middle grade and Consultant on call with him.	
Educational Meetings:	Weekly F2 teaching – Wednesdays– 2 – 3pm  Weekly clinical conference – Wednesday 1 – 2pm  Weekly Surgical Teaching, Fridays 8 – 9am
Educational & Clinical Supervisors:	Mr Amir Hannah & Mr Farhan Alvi

Specialty	Gastroenterology
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Programmes:	FP/27
<p><b>Description of placement</b></p> <p>Ward 9, Glan Clwyd Hospital</p> <p>The department of Gastroenterology medical staffing consists of four consultants, one specialist registrar, two CT2, one F2 and one F1. The department is part of the department of general medicine.</p> <p>The hospital has an unselected busy acute medical take.</p> <p>This is a ward-based post with on call commitments. There are excellent educational facilities and opportunities with regular general medical regular meetings (three a week). The post delivers on general medical foundation learning opportunities including exposure to a wide variety of medical conditions on call, enabling taking a history and examination, developing a plan of investigation and management, excellent exposure to perform practical procedures. Up to date is available. Specialty education offers a weekly gastroenterology education meeting which the post holder will contribute to, demonstrating knowledge acquisition and presentation skills, as well as understanding the importance of clinical governance with regular governance and case based audits of team members. This is a busy post and the trainee develops skills in time management, good team working and communication, on a background of learning hepatobiliary and luminal gastrointestinal disorders, and develop competency at performing abdominal paracentesis. On site library and IT facilities.</p> <p>Ward based duties predominantly, working closely with ward staff. Provide cross cover and ensure all leave is arranged in a timely fashion with due notice and appropriate cover. On call commitment to be part of the unselected medical take. Ensure electronic discharge summaries completed. Attend and contribute to educational meetings</p>	
Educational Meetings:	<p>Weekly F2 teaching – Wednesdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p>
Educational & Clinical Supervisors:	Dr Aram Baghomian

Specialty	General Practice
Programmes:	<b>FP/27</b>
<p><b>Description of placement</b>            Gwrych Medical Centre, Abergele - <a href="http://www.abergele-surgery.co.uk">www.abergele-surgery.co.uk</a>            Supervised clinics in primary care seeing patients and all clinics being reviewed by experienced GPs. Opportunities to sit in with varied members of the healthcare team (the induction program to the surgery includes sitting in with various GPs, the asthma/COPD nurse, diabetes nurse.) Home visits – up to 2 daily as per requirement of the practice.            Weekly tutorials are offered alongside GP specialist trainees (or separately if preferred.)</p> <p>Main duties of the placement            Clinics seeing patients in general practice – we do not operate triage so whatever patients present with will be seen – with an allocated GP to provide supervision and support for each session (clinic.) Home visits as required.</p>	
Educational Meetings:	Weekly F2 teaching – Wednesdays– 2 – 3pm  One to one teaching
Educational & Clinical Supervisors:	Dr Kate Davies and Dr Jeremy Honeybun

Specialty	General Internal Medicine/Stroke Medicine
Programmes:	<b>FP/27</b>
<b>Description of placement</b> Geriatrics, General medicine and Stroke placement based on ward 14 with on calls. Excellent clinical experience with the opportunity to see, manage and learn about a wide variety of clinical cases during Medical on call. Experience in managing Acute Stroke victims including thrombolysis. Engage with Multi-disciplinary team providing inpatient rehabilitation. Excellent teaching provided and opportunities for presenting at the different educational forums.	
Educational Meetings:	Weekly F2 teaching – Wednesdays– 2 – 3pm Weekly clinical conference – Wednesday 1 – 2pm Weekly Physicians’ Round – Fridays 11:30-12:30 Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00 Weekly COTE teaching Mondays at 12:00
Educational & Clinical Supervisors:	Dr K N Ganeshram and Dr GD Black (ES)

Specialty	General Internal Medicine/Geriatric Medicine
Programmes:	<b>LFP/122</b>
<b>Description of placement</b> Ward 1 The trainee would be based on ward 1. It is a 24-bedded Care of the Elderly ward where the trainee would receive a wide ranging experience in managing elderly patients with acute and chronic medical problems, discussing diagnoses, management and prognosis with families, developing experience in pharmaco-therapeutics, prescribing and de-prescribing, participating in complex discharge planning and engaging in end of life discussions and other ethical scenarios.  The trainee would participate in the daily ward's Board Rounds and develop experience in working with the multidisciplinary team (MDT).  They would do on-call for acute medicine.  There are two consultants and the team is supported by a registrar, internal medicine trainee, GPVTS trainee and a FY1 trainee.  Both consultants do two wards rounds each week and there is consultant presence every day.  They would also get opportunities to teach fourth and fifth year medical students. Participation in quality improvement, audit and other projects will be highly encouraged.	
Educational Meetings:	Weekly F2 teaching – Wednesdays – 2 – 3pm  Weekly clinical conference – Wednesday 1 – 2pm  Weekly Physicians' Round – Fridays 11:30-12:30  Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00  Weekly COTE teaching Mondays at 12:00
Educational & Clinical Supervisors:	Dr I Chatterjee and Dr V Adhiyaman

Specialty	General Surgery/Colorectal Surgery
Programmes:	<b>LFP/122</b>
<p>Description of placement</p> <p>This department has, 8 consultant surgeons, specialising in emergency, upper gastrointestinal, hernia and colorectal surgery.</p> <p>We also have 10 surgical registrars and 4 advanced nurse practitioners.</p> <p>There are various facilities to deal with various patients, both needing inpatient care and on an ambulatory basis.</p> <p>There trainees are always supervised, there is consultant or SpR lead ward round every day and everyone is expected to communicate and work as team.</p> <p>The trainee will get a broad experience of managing emergency and elective general surgery patients.</p> <p>During emergency they will be exposed to patients with acute abdomen, learn how to resuscitate and manage acutely unwell patients along with supervision of seniors. They will learn about complex decision making, including but not limited to decisions about surgery, consent process, communication with patients family, braking bad news, end of life decisions etc.</p> <p>There are opportunities to attend theatres, learn basic surgical skills, assist complex surgeries including bowel cancer surgery both during elective and emergency cover.</p> <p>There is also an opportunity to attend outpatient clinics and understand how various surgical conditions are managed as outpatient basis. Their assessment and how to work up appropriate investigation pathway under supervision.</p> <p>At end of placement trainees will have a general understanding of presentation and management of various common general surgical conditions and interested trainees will also enhanced their basic surgical skills.</p>	
Educational Meetings:	<p>Weekly F2 teaching, Wednesdays, 2 -3pm</p> <p>Weekly Clinical Conference, Wednesdays 1 – 2pm</p> <p>Weekly Surgical Teaching Friday 8-9am</p>
Educational & Clinical Supervisors:	Mr Sheik Rehman

Specialty	General Internal Medicine/Respiratory Medicine
Programmes:	FP/29
<b>Description of placement</b> Ward 11 F2 post in Respiratory medicine and general medicine on call rota. The Respiratory ward has 24 beds including 4 NIV beds. There are 2 respiratory teams on the ward to cover these beds each made up of 1 respiratory consultant, 1 respiratory registrar, an F2 or IMT and 1 F1. There are daily board rounds at the start of each weekday which are led by consultants but junior medical staff participate in. Consultant ward rounds occur twice a week and a registrar ward round once a week. The F2 is expected to attend the ward rounds, present patients, participate in education on the ward round and co-ordinate subsequent investigations, collection of results and complete discharge summaries. The F2 is also expected along with the F1 to complete 2 ward rounds each week. Consultants attend the ward daily in the afternoon to discuss cases and results. In addition to NIV the ward also has high flow nasal oxygen and an Ultrasound machine giving opportunities to learn about their use in respiratory medicine. In addition to the ward there is the possibility of attending both general respiratory clinics and specialty clinics including difficult asthma, lung cancer, pleural, ILD, COPD and bronchiectasis. There is also the opportunity to attend one of 2 procedure lists each week and gain exposure to EBUS and thoracoscopy in addition to Bronchoscopy. The F2 participates in the general medical on call rota in a F2 slot. This includes ward cover and seeing patients on a non selected take. The F2's work weekdays, weekends and nights. Consultant ward rounds occurs twice daily to review patient seen by junior medical staff. The respiratory department has an educational departmental meeting every Monday and the F1 will take part in a rota to present cases/topics	
Educational Meetings:	Weekly F2 teaching – Wednesdays – 2 – 3pm Weekly clinical conference – Wednesday 1 – 2pm Weekly Physicians' Round – Fridays 11:30-12:30 Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00 Weekly Respiratory Teaching
Educational & Clinical Supervisors:	Dr Robin Poyner

Specialty	Acute Medicine
Programmes:	<b>FP/29</b>
<p><b>Description of placement</b></p> <p>The Department of Acute Medicine comprises 4 Consultant Physicians, currently:</p> <p>1x0.5 Acute medicine+0.5 Renal Medicine</p> <p>2x0.5 Acute medicine+ 0.5 Diabetes and Endo</p> <p>1x 1.0 Acute medicine.</p> <p>There is ambulatory care area, DVT service and ADTT service attached to the unit. The department serves Central North Wales with a catchments population of 250,000.</p> <p>Description of placement</p> <p>The Department of Acute Medicine comprises 4 Consultant Physicians of whom 2 do acute medicine and diabetes/ Endo and one does acute medicine and renal medicine. There is an associated specialist who covers review patients three days a week. There is ambulatory care area, DVT service and ADTT service attached to the unit.</p> <p>The department serves Central North Wales with a catchment population of 250,000.</p> <p>There are F1 and F2 attached to the unit. They will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit till they transferred to the other medical wards.</p> <p>The overall educational objectives of the F1 /F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to</p> <ul style="list-style-type: none"> <li>• Take a history and examine a patient</li> <li>• Identify and synthesize problems</li> <li>• Prescribe safely</li> <li>• Keep an accurate and relevant medical record</li> <li>• Manage time and clinical priorities effectively</li> </ul>	

- Communicate effectively with patients, relatives and colleagues
- Use evidence, guidelines and audit to benefit patient care
- Act in a professional manner at all times
- Cope with ethical and legal issues which occur during the management of patients with general medical problems
- Educate patients effectively

Educational Meetings:	<p>Weekly F2 teaching – Wednesdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p> <p>Ward teaching</p>
Educational & Clinical Supervisors:	Dr Sreemantula



Specialty	Dermatology
Programmes:	FP/129
<p><b>Description of placement:</b></p> <p>The Dermatology Department at Glan Clwyd Hospital sees patients of all ages with varying skin complaints including skin cancer, premalignant skin disease and inflammatory dermatoses. This placement affords the chance to learn the foundations of dermatology in a supportive environment. The majority of work takes place in clinics in the outpatient department, with time also spent reviewing inpatients with acute dermatological diseases. The department consists of 5 Consultant Dermatologists, 2-3 Specialty Trainees, 5 Specialist Nurses, a Clinical Pharmacist and Phototherapist. In addition to medical treatments, the department provides patients with phototherapy, skin surgery and patch testing. There is plenty of opportunity to become involved with audit/quality improvement/presentations.</p> <p><u>Placement duties:</u></p> <ul style="list-style-type: none"> <li>• Attending dermatology outpatient clinics</li> <li>• Supporting dermatology ward rounds (Monday- Friday)</li> <li>• Daily review of dermatology patients admitted to hospital</li> <li>• Attending local skin cancer MDT</li> <li>• Participation/attendance at departmental teaching, monthly dermatology educational meetings, physician's grand round</li> </ul> <p><u>Placement skills:</u></p> <ul style="list-style-type: none"> <li>• History and examination of patients presenting with lesions</li> <li>• History and examination of patients presenting with rashes</li> <li>• Use of correct dermatological terminology</li> <li>• Knowledge of management options for common malignant, pre-malignant and benign lesions</li> <li>• Knowledge of management options for common inflammatory dermatoses</li> <li>• Understand safe monitoring and assessment of patients on systemic medications and biological therapies</li> <li>• Formulate pertinent and clear correspondence with primary care following outpatient attendance</li> </ul>	
Educational Meetings:	Weekly F2 teaching – Wednesdays – 2 – 3pm

	Weekly clinical conference – Wednesday 1 – 2pm Weekly Physicians' Round – Fridays 11:30-12:30 Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00
Educational & Clinical Supervisors:	Dr Rachel Waas

Specialty	General Internal Medicine/Geriatric Medicine
Programmes:	<b>LFP/129</b>
<p><b>Description of placement</b></p> <p>Ward 2</p> <p>It is a 24-bedded Care of the Elderly ward where the trainee would receive a wide ranging experience in managing elderly patients with acute and chronic medical problems, discussing diagnoses, management and prognosis with families, developing experience in pharmaco-therapeutics, prescribing and de-prescribing, participating in complex discharge planning and engaging in end of life discussions and other ethical scenarios.</p> <p>The trainee would develop experience in working with the multidisciplinary team (MDT).</p> <p>They would also do on-call for acute medicine.</p> <p>There are two consultants and the team is supported by a registrar, internal medicine trainee, GPVTS trainee and a FY1 trainee.</p> <p>Both consultants do regular wards rounds and there is a consultant presence every working day morning. The trainee would participate in consultant-led and independent ward rounds.</p> <p>They would also get opportunities to teach fourth and fifth year medical students. Participation in quality improvement, audit and other projects will be highly encouraged.</p>	

Excellent teaching opportunities are provided in COTE and there will be opportunities for presenting at the different educational forums.	
Educational Meetings:	<p>Weekly F2 teaching – Wednesdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p> <p>Weekly COTE teaching Mondays at 12:00</p>
Educational & Clinical Supervisors:	<p>Dr S Chakrabarti (ES)                      Dr G Owen (clinical supervisor)</p>

Specialty	General Surgery/Otolaryngology
Programmes:	<b>FP/28</b>
<p><b>Description of Placement</b> Ward 5</p> <p>The ENT department at Glan Clwyd is led by 4 consultant surgeons and serves a catchment population of 310,000 people</p> <p>The department provides a full range of ENT and audiological services. It provides regional services for Head and Neck cancer and Cochlear implants.</p> <p>It runs regular post graduate training courses both nationally and internationally</p> <p>The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient’s medical record. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances</p>	

Educational Meetings:	Weekly F2 teaching – Wednesdays– 2 – 3pm Weekly clinical conference – Wednesday 1 – 2pm Weekly Surgical Teaching, Fridays 8 – 9am Ward teaching
Educational & Clinical Supervisors:	Mr Richard Anthony

Specialty	General Psychiatry
Programmes:	FP/28
<p><b>Description of placement</b>          The post is at Hafod CMHT, which provides adult mental health care to the North of Denbighshire. Inpatient beds for the population are at The Ablett Unit Glan Clwyd Hospital. Which provides inpatient adult, older persons and rehab beds for the Conwy and Denbighshire catchment area of BCU</p> <p><b>The type of work to expect and learning opportunities</b>          The F2 doctor base is Hafod a CMHT in Rhyl. Hafod provides primary and secondary community mental health service to the North of Denbighshire. The post holder will see patients in clinic with the supervision of a consultant psychiatrist.</p> <p>Opportunities exist to spend time in psychiatric subspecialties including SMS, forensic, OPMH, LD and CAMHS.</p> <p>The post holder will take part in an on call rota at the Ablett unit. Providing medical cover to the psychiatric wards including off site wards in Colwyn Bay and Ruthin.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to :</p> <ul style="list-style-type: none"> <li>Take a full psychiatric history and examine the patient</li> <li>Undertake a full Mental State Examination</li> <li>To develop skills in Cognitive examinations</li> <li>Identify and act on problems</li> <li>Identify various differing presentations to acute care</li> <li>Identify delirium and undertake a differential diagnosis</li> </ul>	

Manage and treat violent and aggressive behavior with supervision  
 Keep accurate and relevant records  
 Follow-up and act on relevant investigations  
 Formulate a psychiatric diagnosis  
 Access Corroborative information  
 Undertake a risk assessment  
 Be the nominated deputy for the purposes of the MHA  
 Develop a working knowledge of the Mental Health Act and the Mental Capacity Act  
 Use evidence and guidelines to synthesize appropriate management plans  
 Communicate effectively with colleagues, patients and relatives  
 Act in a professional manner  
 Cope with ethical and legal issues that occur during a working day  
 Access help and advice in a timely fashion  
 Develop a working knowledge of the systems of acute care in Mental Health

Educational Meetings:	Weekly F2 teaching – Wednesdays– 2 – 3pm Weekly Psychiatry teaching – Mondays 2 – 5pm
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Educational & Clinical Supervisors:	Dr Stuart Porter
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# Academic Rotation

**PROGRAMME: SFP-Other/30**

**3 vacancies**

- **Intensive Care Medicine – Dr J Glen, Glan Clwyd Hospital**
- **Respiratory Medicine – Dr D Menzies, Glan Clwyd Hospital**
- **General Practice – Dr S Dobson, Clarence Medical Centre, Rhyl**

## **General Information:**

Three days per week will be spent undertaking traditional training rotating through the specialities above. Two protected and defined days per week will be dedicated to a combination of specialised research and teaching. We would encourage you to contact us early to discuss the post, in particular the research elements.

In Intensive Care you will be working as part of the ICU team, including out of hours work.

## **Teaching**

One day per week will be spent in the North Wales Clinical School, Glan Clwyd hospital. You will assist in delivering the undergraduate curriculum for medical students in year 3, 4 and 5 from Cardiff and Manchester medical schools. You will support a full-time specialist registrar grade teaching fellow that is already in post, and the remainder of the undergraduate team. Duties will include ward-based teaching, simulation training, facilitation of tutorials and development of undergraduate training materials.

You will also lead and deliver our Widening Access to Medicine Programme, in collaboration with the Welsh Government Seren Network which is established in our region. This important programme supports students from local state schools in their application for medical school. You will be responsible for ensuring that the programme is delivered. The programme includes interview practice, UCAT preparation, small group work, essay, and work experience during July (COVID permitting). By applying for this post, you are committing to this voluntary and altruistic activity, which takes place over 16 evenings during the academic year – all Wednesdays, from 1700-1930. There are three of you, so there can be an element of self-rostering of cover for each evening. Your specific responsibilities will include:

- Publicising the programme to your colleagues so that sufficient faculty are available each week (we need 8 faculty members each week, made up of doctors of all grades and medical students).
- Publicising the programme to school students at the welcome event.
- Providing training to volunteer faculty (don't worry we will train you first!).
- Timetabling and communications with faculty and students.
- Running and troubleshooting each session (on Teams or in person depending on the COVID situation).
- Ensuring that an essay is marked and returned.
- Participating in the delivery of the work experience week in July.
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The actual programme and materials already exist, but there may be a requirement to update them as the years go by, and you will be involved in this too.

You will be really well supported in this activity by Dr Glen, Dr Menzies, and by the clinical school – but it is a genuine and serious responsibility so if it doesn't appeal, please do not apply for the post.

## Research

One day per week will be devoted to research. The area of research will depend on your individual circumstances and interests. The health board will **fully fund an MRes** within the Clinical Specialised Pathway Framework within the Institute of Health and Medical Research at Bangor University for you. This includes allocation of a clinical and a specialised supervisor, access to modular research training as dictated by your current level of knowledge and training, and support to submit your thesis.

In addition to undertaking an MRes by research, the following research and audit opportunities exist:

- Integration into the Clinical Trials unit at Glan Clwyd hospital
- Participation in both non-commercial and commercial trials currently recruiting on our site
- GCP training if needed
- Support from the clinical audit department

The choice of MRes project will be determined by your interests but possible examples include:

- Evaluation of the impact of a secondary care smoking cessation service on the health and wellbeing of patients admitted to hospital
- Morbidity and mortality associated with suspected and confirmed pulmonary embolism
- Impact of mepolizumab on asthma patients in a secondary care asthma service
- Utility of a dedicated pleural disease database in secondary care and outcomes of thoracoscopy

Specialty	Intensive Care Medicine
Programmes:	SFP/030
<p data-bbox="183 427 515 459">Description of placement</p> <p data-bbox="183 491 2049 734">In ICU, you will be involved in the care of critically ill patients, under supervision. We offer the full range of standard intensive care treatments including invasive ventilation, inotropic support, renal replacement therapy, and intraortic balloon counterpulsation. Our 13-bedded unit is in the North Wales Cardiac Arrest Centre, which means that we have close relations with our interventional cardiology colleagues. You will have opportunities to learn invasive vascular access (central lines, arterial lines, dialysis lines), as well as ultrasound: we have 2 FUSIC mentors in the unit. You will get used to managing sick patients, and learn to present complex patients succinctly – a key skill for any clinician who wishes to be taken seriously.</p> <p data-bbox="183 766 1982 842">You will attend our weekly multi-disciplinary meeting, monthly M&amp;M, monthly Clinical Governance meetings, and Journal Club. You will be expected to present at Journal Club and at M&amp;M. You will also attend regular anaesthesia and ICM teaching.</p> <p data-bbox="183 874 1971 906">Finally, you will have an opportunity to work with our outreach team, learning to recognise and stabilise the acutely deteriorating patient.</p> <p data-bbox="183 938 1960 1015">The information that follows is based on the experience of one of the 2020-21 trainees the end of their academic FY2 year, and has been updated for 2022-23 academic year.</p> <p data-bbox="183 1046 582 1078">Intensive Care Unit (First floor)</p> <ul data-bbox="235 1110 2049 1453" style="list-style-type: none"> <li>- 08:30 – 17:00. Morning handover is at 08:30 (DON'T BE LATE!). Most people change into scrubs beforehand, ask someone to point you in the direction of the theatre changing rooms to collect them.</li> <li>- Each day there is a consultant led ward round in the morning, so get stuck in and review patients using the proforma.</li> <li>- Afternoons are for doing the jobs, reviewing new admissions, and seeing patients on the wards</li> <li>- Anaesthetics ICU teaching programme monthly but ask questions any time.</li> <li>- There is a separate ICU induction document – this on a smartphone app and will be sent to you.</li> <li>- There are plenty of opportunities to do procedures like arterial lines if you would like to.</li> <li>- You'll be added to the ICU Medics WhatsApp group, which will contain everyone on ICU and will have useful information shared in it.</li> <li>- Two consultants cover ITU during the week (daytime)</li> </ul>	



- Junior team during the day varies but is generally 2 middle grades (SpR or trust grade) plus a mix of other grades including you.
- You be part of the ICU team. You will be well supported. There will always be a higher ICU grade present. You are expected to review patients on the unit, attend emergency calls and get involved as much as you can.
- During your ICU placement you will contribute to out of hours work, including nights. You will be well supported in this by 3 other doctors: two anaesthetists (who also cover theatre and obstetrics), and a third doctor with ICU experience. If bad things are happening out of hours the consultant will generally be there.
- We will ensure that out of hours working does not impact on your other commitments, but flexibility will be needed on both sides.

Educational Meetings:	Weekly F2 teaching, Wednesdays, 2 – 3pm Weekly ICU MDT, Tuesdays 2-3pm Hospital clinical conference Wednesdays 1-2pm M&M, 2 <sup>nd</sup> Tue of month, 17 :30 Lecture series, 3 <sup>rd</sup> Tue of month, 17:30 Clinical Governance, 4 <sup>th</sup> Tue of month, 17:30 Local and regional anaesthesia/ICU teaching - timetabled
Educational & Clinical Supervisors:	Dr John Glen

Specialty	General Practice
Programmes:	SFP/30
<p><b>Description of placement</b></p> <p>You will be working closely within a dynamic, multi-disciplinary primary care team in Rhyl and get the opportunity to experience the full spectrum of care in the community. You will be supported in developing your communication and clinical management skills by consulting patients in a mixture of acute clinics, routine surgeries and home visits. There is huge scope to learn about the broader aspects of primary care, for example, through spending time with chronic disease and Paediatric nurses, working alongside our Advanced Paramedic and getting involved with our dedicated primary care research team. You will also attend regular in-house educational meeting, Respiratory MDTs and have the opportunity to learn about primary care management. The practice hosts placements for medical students from Cardiff, Liverpool and Manchester, and you would be encouraged to become involved in supporting their learning.</p> <p>You need to be at FY2 teaching from 2-3pm on Wednesday PM so bear this in mind when on GP as there is a 15 minute drive to/from the Postgraduate centre.</p> <p><b>KEY INFO</b>      Clarence Medical Centre, Rhyl - <a href="http://www.clarencemedicalrhyl.co.uk">www.clarencemedicalrhyl.co.uk</a></p> <p>We are a large training practice in a seaside town in North Wales serving around 17,000 patients from a wide demographic. The practice has a long history dating back to 1850. We are based on two sites – one main site in the town centre close to West Rhyl which has most deprivation and a second branch practice (Ty Elan) in the quieter Eastern area serving more elderly people with complex medical conditions. We serve some 15 nursing and residential homes as well as many older people living alone with little support. We also offer an online consultation (PATCHS) <a href="https://patches.ai/practice/clarencemedicalrhyl/">https://patches.ai/practice/clarencemedicalrhyl/</a>.</p> <p>Research projects are always taking place at Clarence Medical Centre. This is thanks to the research team who plan the projects, GP's, Nurses, HCA's and most of all the patients who take part in the trials. We encourage and support anyone who is wanting be part of our research projects. Finding new and effective treatments for many different medical conditions.</p> <p>There are often educational meetings during lunchtime throughout the week as well as a monthly training afternoon. The educational sessions and training are logged on the Timetree app <a href="http://Login - TimeTree (timetreeapp.com)">Login - TimeTree (timetreeapp.com)</a>, this allows everyone to see if there is anything booked and they can attend if they wish.</p>	
Educational Meetings:	<p>Daily- Hot reviews of clinical cases</p> <p>Weekly F2 teaching, Wednesdays, 2 – 3pm</p> <p>Weekly- lunchtime educational meeting at surgery.</p>
Educational & Clinical Supervisors:	Dr Simon Dobson
Specialty	Respiratory Medicine

Programmes:	SFP/30
<p><b>Description of placement</b></p> <p>Respiratory Ward 6</p> <p>Welcome to the academic foundation year two programme at Ysbyty Glan Clwyd (YGC). This job involves Intensive Care, Respiratory Medicine &amp; General Practice over three four-month rotations, plus an ongoing researching &amp; teaching commitment.</p> <p>In respiratory you will join our established team of 5 consultants, and junior doctors on the respiratory ward. The ward contains a 4 bed nurse-led NIV unit with provision for treatment with nasal high flow oxygen. You will gain exposure to and experience in treatment of a variety of respiratory conditions, including COPD, asthma, ILD, pneumonia, pleural disease (including drain management), lung cancer, and (of course) COVID. The team is supported by a number of dedicated respiratory nurse specialists, a ward based ANP, an integrated research team, and a teaching and interventional respiratory fellow who you will work alongside.</p> <p>There are dedicated clinics in COPD, difficult asthma, lung cancer, pleural disease, ILD and bronchiectasis as well as general respiratory clinics which you are welcome to attend. You are also welcome to attend our weekly lung cancer MDT and radiology meeting and to take part in the weekly departmental educational meeting.</p> <p>There are twice weekly procedure lists undertaken which you can attend and learn the basics of interventional bronchoscopy (including EBUS and endobronchial valve insertion), thoracoscopy and chest drain/indwelling pleural catheter management.</p> <p>Throughout the year you will spend: three days per week working as part of the clinical teams; one day per week completing a Masters by Research (MRes) with Bangor University; &amp; one day a week in the North Wales Clinical School (NWCS).</p> <p>In order to finish the year you need to complete exactly the same FY2 competencies as your full-time clinical colleagues.</p> <p>The information in this document is based on the experience of one of the current trainees the end of their academic FY2 year.</p> <p style="text-align: center;"><b><u>KEY INFO</u></b></p> <p><b>Clinical Days</b></p> <p>Three days per week. Typically Wednesday, Thursday, Friday but negotiable with secretaries/supervisors/teams. You need to be at FY2 teaching from 2-3pm on Wednesday PM so bear this in mind when on GP as there is a 15 minute drive to/from the Postgraduate centre.</p> <p><u>Respiratory (Ward 11)</u></p> <ul style="list-style-type: none"> <li>- 8.45 – 5 pm. MDT board round at 8:45 each morning</li> <li>- Two speciality registrars, one CMT/LAT SHO, two FY2s (including you!) &amp; two FY1 doctors.</li> <li>- The consultants cover the ward on a rotating pattern for 1 month each.</li> <li>- The team is supported by a ward NIV nurse, smoking cessation practitioner, and a PA</li> </ul>	

- The medical rota co-ordinator will not have your name down on their rota as technically you are supernumerary. You will not have any on-call commitments but can choose to work locum shifts.

Resp teaching/meeting Monday lunchtimes (go even if you're not on the ward that day)

Educational Meetings:	Weekly Physicians' Round Weekly F2 teaching – Wednesdays – 2 – 3pm  Weekly clinical conference – Wednesday 1 – 2pm  Weekly Physicians' Round – Fridays 11:30-12:30  Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00  Weekly COTE teaching Mondays at 12:00
Educational & Clinical Supervisors:	Dr Daniel Menzies

Opportunities for F2 trainees to become involved in Simulation Training program within YGC. This aspect of the post will be based within the team in the North Wales Clinical School with opportunities for involvement in the delivery of training to medical students, Physician's Associates and other medical and nursing staff.

This is particularly relevant given the changes to the 2021 Foundation curriculum intended to enhance simulation training opportunities for those on the programme.

Specialty	Community Paediatrics
Programmes:	SFP/031
<p><b>Description of Placement</b></p> <p>The community paediatrics service has 6 WTE permanent members of staff based in Rhyl and Colwyn Bay. We support many of our most vulnerable young people and their families – including those who attend our special schools (many of whom have complex neurodisability e.g. Autistic Spectrum, Cerebral Palsy, Down Syndrome), supporting young people who are in care: Looked After Children (LAC) or are in the process of being adopted. We have special roles in children's safeguarding: completing child protection medicals, while also supporting health professionals with complex safeguarding cases and working closely with social workers and children's services to ensure we meet the health needs of young people who are in care. We have very strong relationships with education and schools, ensuring that young people have the appropriate help and support to reach their educational potential. We also support children with specialist continence needs.</p> <p>FY2s will be offered a comprehensive 6 week induction – this will include sitting in at a variety of our clinics and specialist school clinics. There will be opportunity to observe a child protection case conference, and if appropriate observe a fostering or adoption panel. Trainee will spend time in our Child Development Centre, including observing sessions in the classroom / joint assessments with the speech therapists / early years specialist nursing team. Trainees will all spend ½ to 1 day each with a variety of therapists including: speech therapist, occupational therapy, portage, school nurse, health visitor, paediatric dietitian, physiotherapist. They will spend time with the neurodevelopmental team and have the opportunity to follow a neurodevelopmental assessment and observe their MDT.</p> <p>In the 2<sup>nd</sup> 6 weeks, trainees will have the opportunity to work side-by-side in clinics with a permanent member of the team, taking histories, examining children and under appropriate supervision, developing and initiating clinical management plans. This will give trainees the opportunity to develop clinic skills alongside formulating clinic letters and management plans.</p>	
Educational Meetings:	<p>Weekly meeting with named supervisor</p> <p>Weekly- lunchtime educational meeting over zoom</p>

	Weekly F2 teaching – Wednesdays – 2 – 3pm
Educational & Clinical Supervisors:	Dr Hamilton Grantham

Specialty	General Psychiatry
Programmes:	SFP/031
<p><b>Description of placement</b></p> <p>The post is at Hafod CMHT, which provides adult mental health care to the North of Denbighshire. Inpatient beds for the population are at The Ablett Unit Glan Clwyd Hospital. Which provides inpatient adult, older persons and rehab beds for the Conwy and Denbighshire catchment area of BCU</p> <p><b>The type of work to expect and learning opportunities</b></p> <p>The F2 doctor base is Hafod a CMHT in Rhyl. Hafod provides primary and secondary community mental health service to the North of Denbighshire. The post holder will see patients in clinic with the supervision of a consultant psychiatrist.</p> <p>Opportunities exist to spend time in psychiatric subspecialties including SMS, forensic, OPMH, LD and CAMHS.</p> <p>The post holder will take part in an on call rota at the Ablett unit. Providing medical cover to the psychiatric wards including off site wards in Colwyn Bay and Ruthin.</p> <p>The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to:</p> <ul style="list-style-type: none"> <li>Take a full psychiatric history and examine the patient</li> <li>Undertake a full Mental State Examination</li> <li>To develop skills in Cognitive examinations</li> <li>Identify and act on problems</li> <li>Identify various differing presentations to acute care</li> <li>Identify delirium and undertake a differential diagnosis</li> <li>Manage and treat violent and aggressive behavior with supervision</li> <li>Keep accurate and relevant records</li> </ul>	

Follow-up and act on relevant investigations Formulate a psychiatric diagnosis Access Corroborative information Undertake a risk assessment Be the nominated deputy for the purposes of the MHA Develop a working knowledge of the Mental Health Act and the Mental Capacity Act Use evidence and guidelines to synthesize appropriate management plans Communicate effectively with colleagues, patients and relatives Act in a professional manner Cope with ethical and legal issues that occur during a working day Access help and advice in a timely fashion Develop a working knowledge of the systems of acute care in Mental Health	
Educational Meetings:	Weekly F2 teaching – Wednesdays– 2 – 3pm  Weekly Psychiatry teaching – Mondays 2 – 5pm
Educational & Clinical Supervisors:	Dr Stuart Porter

Specialty	Obstetrics & Gynaecology
Programmes:	SFP/031
Band	TBC
<b>Description of Placement</b> You will work in a team of consultants in obstetrics and gynaecology, SAS doctors, Clinical fellows (SHOs), Specialist Trainee Doctors (ST), midwives, gynaecology nurses.  You will be expected to be first on-call and supported by SHOs, and Registrars in obstetrics; antenatal wards, delivery suites, gynaecology wards.  You will have opportunity to assist in caesarean sections and gynaecology operations.	

You will be supported to attend general gynaecology and specialist clinics.

You will work in the maternity obstetrics assessment unit (MOAU) under the supervision of the registrar or consultant, on duty.

You can do first on call out of hours and at night.

**Educational Meetings:**

1. Weekly F2 teaching, Wednesday 2-3pm.
  2. Weekly Friday Teaching (Junior doctors and consultants) 1-2 pm.  
(Followed by monthly (once a month), meeting junior doctors and education lead)
  3. 3<sup>rd</sup> Friday of the month, Perinatal meeting (PNM); 2-4 pm.
  4. 3<sup>rd</sup> Friday of the month, Gynaecology Morbidity and Mortality Meeting (GMM).
  5. The PNM meeting alternates, every month, with the GMM meeting.
- Clinical Governance (CG) meetings.
6. Gynaecology Oncology Meetings; Monday 2-4 pm. Can attend as observer.

**Educational & Clinical Supervisors:**

Mr Uchenna Umeadi